

FREE GUIDE FROM BRIGHTENDAY

Ways to Pay for Adult Day Care Worksheet

Track every way to help pay for adult day care - so you do not leave money on the table.



Find the right adult day program for your loved one - and a real daytime break for you. Then get matched, free, with licensed or certified centers near you. You visit and choose.

Start here

Many families pay less than the sticker price once benefits are counted. This is general information, not advice - confirm everything with each program and the agency that runs the benefit.

Sources to check

- Medicaid HCBS waivers in your state
- The VA (Aid and Attendance, veteran-directed care)
- Long-term-care insurance policy benefits
- Sliding-scale fees at nonprofit centers
- Local Area Agency on Aging programs

- Family contributions

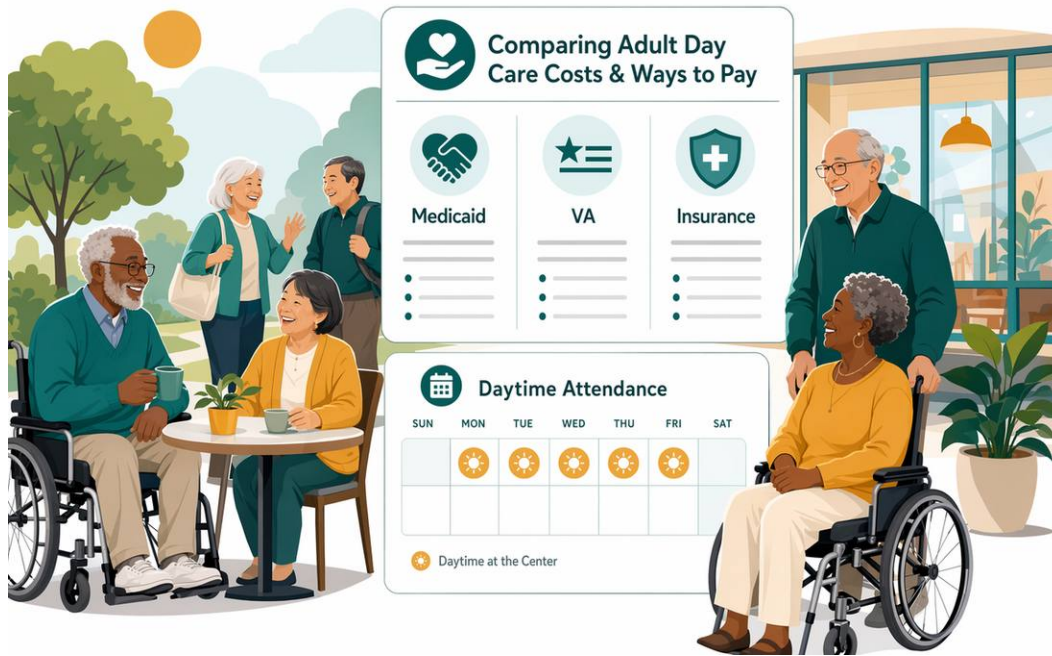


For each source, write down

- 1 Who to call (the agency or center).
- 2 Whether your loved one likely qualifies.
- 3 What documents you will need.
- 4 How much it might cover per day or month.
- 5 The date you called and what they said.

Questions to ask each center

- Do you accept Medicaid waivers, the VA, or insurance?
- Do you offer a sliding scale or financial help?
- What is the real out-of-pocket cost after benefits?
- Are there any extra fees not in the daily rate?



Put it together

Add up what each source may cover, subtract from the program's daily rate, and you will see the real cost to your family. Then get matched, free, with centers near you and confirm the numbers in writing.





Important

BrightenDay is a free matching and information service, not an adult day care center, health care provider, or licensed or certified care professional, and does not provide care or give medical, legal, or financial advice. This is not medical advice. Cost, hours, and schedule figures are typical ranges and examples, not quotes or guarantees; real cost, hours, eligibility, and services depend on the program, the level of care, your state, and any Medicaid or other benefits. Always choose a licensed or certified adult day center, verify its license or certification yourself, visit in person, and confirm services, cost, and safety in writing before enrolling. For a medical emergency, call your local emergency number.